

# WOMEN VETERANS AND ACTIVE DUTY OF IRAQ, AFGHANISTAN, AND THE GLOBAL WAR ON TERRORISM



Come and enjoy a six-day retreat sponsored by the Readjustment Counseling Services at no cost to you, facilitated by CenterPoint retreats: [www.centerpointretreats.org](http://www.centerpointretreats.org)

CenterPoint Retreats are nourishing, educational, and healing, and provide a peaceful and supportive natural environment for women combat Veterans to learn tools for holistic recovery from PTSD and chronic stress, and to re-orient towards a fulfilling life of ease and satisfaction.

CenterPoint Retreats are based on a model of experiential, body-centered, and relationship-based healing.

## Dates and Locations for 2019/2020:

**October 18-23, 2019, Southern California**

**April 5-10, 2020, Southern California**

**June 7-12, 2020, Maine**

Contact your nearest Veterans Center for eligibility information. Go to the website to download the application packet: <http://www.centerpointretreats.org/wp-content/uploads/2018-19-Application-Wmn-Vet-Retreat.pdf>

**Complete the application packet and contact your Vet Center counselor for submission. If you do not have a Vet Center counselor, visit <http://www.va.gov/directory/guide/vetcenter.asp?isFlash=0> to find the Vet Center nearest you.**

