

# Health & Benefits Fitness Membership Discounts

These discounts are for SCG Employees and those on the Aetna Medical Plan including spouses/dependents.



Reduced initiation fees:  
\$10 for Basic Membership  
\$22 for Enhanced Membership  
1 Free Personal Training Session  
60% discount on 4 PT sessions  
the day that you join

3840 S Tuttle Ave, Sarasota  
6198 Lockwood Ridge Rd, Sarasota  
1228 Jacaranda Blvd, Venice  
14979 Tamiami Tr, North Port  
3280 Tamiami Tr, Port Charlotte



\$30 per month (+ tax), month to month

No joining fee  
No membership fee  
Quarterly 3D Body Scan  
Measurements

Promo Code: COUNTY

941-348-6377  
3530 Clark Rd, Sarasota  
[www.gymsrq.com](http://www.gymsrq.com)



\$25 month to month (Regularly  
\$32 p/m)

Includes classes, tanning beds, any  
Crunch location, bring a guest free  
every time.

Must show proof of SCG employment.

3762 Bee Ridge Rd.  
941-923-4653  
8440 Lockwood Ridge Rd.  
941-355-1908



No enrollment fee ~~\$90~~  
\$39.99 month to month/all  
inclusive  
1 Free Personal Training  
Session

5451 Fruitville Rd, Sarasota  
941-341-9276

[www.shapesfitnessforwomen.com](http://www.shapesfitnessforwomen.com)



15% off Yoga Packages

Must bring SCG badge with you as proof  
of county employment

4924 Fruitville Rd., Sarasota  
941 323-9073  
[www.bodyheatsarasota.com](http://www.bodyheatsarasota.com)



\$39 p/month primary ~~\$67~~  
\$29 additional family members

One time \$49 initiation fee for  
primary member only

5880 Rand Blvd, Sarasota  
941-917-7000

[www.smhfit.com](http://www.smhfit.com)



Claim your Free Class Pass  
1<sup>st</sup> Class is Free

4638 Clark Rd.

941-925-9500

[www.scorchfitness.com](http://www.scorchfitness.com)



**1 Free Class**

**Wellness Rate with a group of 10 or  
more:**

**\$89 p/month for 8 classes**

**\$149 p/month Unlimited classes**

1605 Main St, Sarasota

6509 S. Tamiami Trail

941- 444-2440

[www.orangetheoryfitness.com](http://www.orangetheoryfitness.com)



\$15 per class  
2<sup>nd</sup> class FREE  
within the 1<sup>st</sup> week

999 Cattlemen Road, Unit F  
Sarasota

941-378-1359

[www.flydancefitness.com](http://www.flydancefitness.com)