












# "No Cost" Energy Savings Checklist

**There are many ways to save energy and money in your home. Some don't cost a thing. By following the simple list below you could save almost \$500 per year.**  
*Not all actions show a dollar savings but they will add to your total savings.*

When you complete this list go to [www.energyupgradetoday.com](http://www.energyupgradetoday.com) or call 941-861-5000 to get another checklist and save even more money.



Action Item	 = doing your part to conserve energy (specific savings estimates not available)	Potential Yearly Savings	I'll Do It!	I DID IT!
<b>Attic</b>				
Make sure that insulation does not block attic soffit and roof gable vents.				
<b>Lighting</b>				
Turn off lights when not in use.		\$30.65		
<b>Heating and Cooling</b>				
Set your fan to run counter-clockwise in summer and clock-wise in winter. Turn the fan off when room is unoccupied .				
Close the drapes or other window covers in the summer to block out the heat. In the winter leave them open to use the warmth of the sun.		\$41.37		
<b>Bathroom</b>				
Turning off the tap while brushing your teeth can save up to 8 gallons of water per day.				
<b>Kitchen</b>				
Run dishwasher on full loads and use the air dry option.		\$70.00		
Use your toaster oven or microwave instead of your oven.				
Use the right-sized pot on the stove. Match the pot to the burner size.		\$36.00		
Check refrigerator door gaskets to ensure a tight seal. Place a dollar bill between the door and the unit. If the bill slides out easily, air is leaking and the hinge needs to be fixed.				
Set refrigerator temperature between 36 and 38 degrees.				
Set freezer temperature between 0 and 5 degrees.				
Move your refrigerator to a cooler location if next to a stove or in the sunlight.				
Let foods cool down before putting them in the refrigerator or freezer.				
Manual and partial automatic defrost refrigerators and freezers should be defrosted on a regular basis.				
Donate or recycle a less used second refrigerator.		\$60.00		



**ENERGYupgrade**

*Know More. Do More. Save More.*

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Action Item	Potential Yearly Savings	I'll Do It!	I DID IT!
<b>Laundry Room</b>			
Select the water level on your washer to match the load size.			
Wash your clothes in cold water.	\$40.00		
Use the moisture detecting setting on the dryer so that you don't over dry the clothes.	\$34.00		
Clean the lint trap after every load.	\$34.00		
Dry full loads or reduce the drying time for partial loads.			
Optimize efficiency, do not overload or under load your washer and dryer.			
<b>Den or Media Room</b>			
Use the power management settings on multi-function devices (printer, fax, copier, scanner).			
Activate power management settings on your computer and monitor. (www.energystar.gov and search "power management")			
<b>Water Heater</b>			
Turn water heater temperature down to 120 degrees.	\$84.00		
When you are on vacation turn off your water heater.			
<b>Outside the Home</b>			
Water your yard or garden early in the morning to reduce evaporation. No watering can occur between 10 a.m. and 4 p.m. (www.scgov.net and search "water restrictions")			
Use low-volume micro-irrigation to minimize evaporation, runoff and overspray.			
Adjust irrigation heads to avoid overspray on the house and sidewalks.			
Use the highest setting on the lawnmower. The higher the cut, the deeper and more extensive the root system.			
When you adjust your thermostat due to seasonal temperature changes, adjust your irrigation controller's watering schedule as well.			
<b>Transportation</b>			
Keep your tires properly inflated to improve gas mileage.			
Avoid speeding and rapid acceleration to improve gas mileage.			
<b>Total Potential Yearly Savings:</b>	<b>\$430.02</b>		
<i>Don't forget there will be even more savings from any actions with a </i>			