

# Health & Benefits Fitness Membership Discounts

These discounts are for SCG Employees and those on the Aetna Medical Plan including spouses/dependents.



Reduced initiation fees:  
 \$10 for Basic Membership  
 \$22 for Enhanced Membership  
 1 Free Personal Training Session  
 60% discount on 4 PT sessions  
 the day that you join

3840 S Tuttle Ave, Sarasota  
 6198 Lockwood Ridge Rd, Sarasota  
 1228 Jacaranda Blvd, Venice  
 14979 Tamiami Tr, North Port  
 3280 Tamiami Tr, Port Charlotte



\$30 per month (+ tax), month  
 to month  
 No joining fee  
 No membership fee  
 Quarterly 3D Body Scan  
 Measurements

Promo Code: COUNTY

941-348-6377  
 3530 Clark Rd, Sarasota  
[www.gymsrq.com](http://www.gymsrq.com)



\$25 month to month (Regularly  
 \$32 p/m)  
 Includes classes, tanning beds, any  
 Crunch location, bring a guest free  
 every time.  
 OR \$9.95 monthly for gym only.

Must show proof of SCG employment.

3762 Bee Ridge Rd.  
 941-923-4653  
 8440 Lockwood Ridge Rd.  
 941-355-1908



No enrollment fee ~~\$90~~  
 \$39.99 month to month/all  
 inclusive  
 1 Free Personal Training  
 Session

5451 Fruitville Rd, Sarasota  
 941-341-9276

[www.shapesfitnessforwomen.com](http://www.shapesfitnessforwomen.com)



15% off Yoga Packages  
 Must bring SCG badge with you as proof  
 of county employment

4924 Fruitville Rd., Sarasota  
 941 323-9073  
[www.bodyheatsarasota.com](http://www.bodyheatsarasota.com)



\$39 p/month primary ~~\$67~~  
 \$29 additional family members

One time \$49 initiation fee for  
 primary member only

5880 Rand Blvd, Sarasota  
 941-917-7000

[www.smhfit.com](http://www.smhfit.com)



Claim your Free Class Pass  
1<sup>st</sup> Class is Free

4638 Clark Rd.

941-925-9500

[www.scorchfitness.com](http://www.scorchfitness.com)



**1 Free Class**

**Wellness Rate with a group of 10 or more:**

**\$89 p/month for 8 classes**

**\$149 p/month Unlimited classes**

1605 Main St, Sarasota

5496 Lena Rd, Lakewood Ranch

6509 S. Tamiami Trail

941- 444-2440

[www.orangetheoryfitness.com](http://www.orangetheoryfitness.com)



\$15 per class  
2<sup>nd</sup> class FREE  
within the 1<sup>st</sup> week

999 Cattlemen Road, Unit F  
Sarasota

941-378-1359

[www.flydancefitness.com](http://www.flydancefitness.com)



No Enrollment Fee (Save \$50)

\$10 off Monthly Rate

Free Consultation and 2 Personal  
Training Sessions

Use of any Anytime Fitness facility

4057 Clark Rd. 941-926-3300

1276 S. Tamiami Tr. Osprey

941-461-9600



\$30 off monthly rate!  
(Originally \$60 p/mo)

1990 Main St. 2<sup>nd</sup> Floor

941-955-9300

[www.evolutionbalance.com](http://www.evolutionbalance.com)