

DELI
Diabetes Education & Lifestyle Improvement
Notice of Understanding

Welcome to DELI, a comprehensive initiative offered to Sarasota County Employees and their dependents 16 years or older who are covered on one of Sarasota County's medical plans. Benefits include education/counseling, copay waivers on approved diabetes medications and approved supplies. In order to be eligible for the benefits we require that you commit to the following expectations.

We will require a hemoglobin A1c within a 3 month period of your initial visit. If you do not have one, please call Eileen Bray-Richardson at 861-6833 so she may create a lab order for Quest.

In addition, you will be responsible to provide annual Laboratory values within 1 year of your initial appointment. Required Laboratory values include:

- 1. Cholesterol**
- 2. HDL**
- 3. LDL**
- 4. Triglycerides**
- 5. Hemoglobin A1c**
- 6. Microalbumin, a urine test**
- 7. Annual Ophthalmology Exam (Evidence must be provided)**
- 8. Annual Foot Exam. The foot exam can be done by your primary, podiatrist or a nurse or nurse practitioner. (Evidence must be provided)**

Adherence to and completion of the above requirements is strictly the responsibility of the participant.

At the initial 2 hour visit with Heidi Kaplan, please complete/ sign the following:

- Sign Notice of Understanding (this form)
 - Sign Medical Request Release Form**
 - Complete Health Assessment*
 - Complete 2 food journals* They need not be in consecutive order
- *Employees who have met with CDE in last 6 months will not be required to complete these forms
- **The Medical Records Release Form will be completed at your initial visit.

EMPLOYEE HEALTH and BENEFITS

Employee Health Center
1301 Cattlemen Road, Bldg B
Sarasota, FL 34232
Telephone: (941) 861-6833
Fax: (941) 861-6835

Required:

Initial 2 hour visit –

- Elimination of co-pays for specific diabetes medications approved by Benecard and pump and sensor supplies will be initiated. It will be your responsibility to keep Heidi abreast of any changes in diabetes medications/supplies.
- Elimination of co-pays for specific blood sugar monitor and strips will be initiated. It will be your responsibility to request your doctor call in a script to either Publix or Benecard Mail order for said strips and blood glucose monitor.

Required One month Follow-up

DELI Participant will be required to meet with CDE a minimum of 4X the first year and two the following year.

If you are unable to fulfill your responsibilities in a timely fashion, you will be given a 2- month period to reschedule or provide your laboratory values. **Certain exceptions will be made for illness and out of state participants.**

Pump/Continuous Glucose Monitor Supplies

Participants presently utilizing the pump/continuous glucose monitor will be entitled to receive all supplies without a copay but not the pump itself. If you are considering initiating using a pump; you will be responsible for the copay on the pump and the first set of supplies sent with the pump from the pump company.

Sarasota County reserves the right to terminate all incentives and benefits if you do not meet the above requirements or attend the scheduled meetings. The Diabetes Program may be terminated at any time.

If you do not wish to meet the above criteria you will still be eligible for all diabetes education but not the copay waivers.

By signing this form, you agree to all requirements listed above and acknowledge that you fully understand that you will be removed from this diabetes program (and lose the diabetes prescription benefit) If you fail to complete any of the above requirements in a timely manner.

Member name (please print): _____

Member signature: _____ Date: _____