

12th Annual Jingle & Jog



Benefiting
CHAC
Community Haven
for Adults and Children with Disabilities, Inc.

5K Road Race/1 Mile Run

Saturday, December 5, 2009

Location: 4405 Desoto Road, Sarasota 34235
Take Honore South from University Parkway to Desoto Rd.
Sanctioned by Manasota Track Club

Mail Entries to: Community Haven/Jingle & Jog Attn: Marla Doss
4405 Desoto Road Sarasota, FL 34235

For more information go to: **www.communityhaven.com**

Please make checks payable to: Community Haven

Name: First _____ Last _____

Address: _____

State: _____ Zip: _____ Phone: (____) _____ Age: _____ Sex: _____

Waiver: In consideration of acceptance of this entry, I for myself, my heirs, devisees, executors, administrators, and assigns hereby waive, release and discharge any and all claims against the race organizers, sponsoring or conducting this event, or their employees, representatives, or successors, for any damages or injuries I may suffer. If I should suffer injury or illness, I authorize the officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I hereby grant permission for the free use of my name and picture in any broadcast, brochure, or account of this event.

X _____
Signature (Parent/Guardian if under 18) Date

I/We will be unable to attend, enclosed is my donation of \$ _____

Registration Fee: \$ 20.00 before November 15th
\$ 25.00 after November 15th
\$ 10.00 for 18 and under

Please CIRCLE T-shirt size: S M L
XL XXL

\$ 15.00 for all MTC members

