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## Register for 23rd Annual Gulf Coast Senior Games

Some of the best senior athletes from Sarasota and Manatee counties and around the state will compete in 23<sup>rd</sup> Annual Gulf Coast Senior Games, Feb. 21-26 at locations throughout the region. The registration deadline is Wednesday, Feb. 1, 2012.

The Gulf Coast Senior Games are a partnership between the Parks and Recreation departments of Sarasota and Manatee counties. The games promote health and wellness among seniors and enhance the quality of life for people aged 50 and older.

Events offered at this year's Senior Games include archery, basketball shooting, bocce, bowling, cribbage, croquet, cycling, golf, horseshoes, pickleball, racquetball, a 5K run, shuffleboard, swimming, table tennis, tennis and track and field. For a complete list of events, times and a registration form, visit any Sarasota County recreation center or library. Seniors also can register online at [www.parksonline.scgov.net](http://www.parksonline.scgov.net) or mail a completed registration to Sarasota County Parks and Recreation, Twin Lakes Park, 6700 Clark Road, Sarasota, 34241. All registrations must contain an entry fee of a \$12 check or money order. There is an additional \$3 fee for each event entered.

The Gulf Coast Senior Games is a local qualifier for the 2012 Florida Senior Games State Championships in Polk County on Dec. 1-9, 2012.

For more information, contact the Sarasota County Call Center at 861-5000 and ask about the Gulf Coast Senior Games.

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