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Gulf Coast Senior Games registration deadline is Feb. 1

Registrations are now being accepted for the 2010 Gulf Coast Senior Games to be held Feb. 16-21 at venues throughout Sarasota and Manatee counties. Held each year to promote health and wellness in the local mature population (50 years and older), the Gulf Coast Senior Games features a variety of events, including archery, badminton, basketball, bocce, bowling, cribbage, cycling, golf, horseshoes, racquetball, a 5K run, shuffleboard, swimming, table tennis, tennis and track and field.

To become a Gulf Coast Senior Games competitor, register online at www.parksonline.scgov.net, or send a completed official entry form from a registration booklet available at any Sarasota County Recreation Center, or register in person at Twin Lakes Park, 6700 Clark Road, Sarasota, during regular business hours. The entry fee of \$12 entitles each participant to an event T-shirt. There is a registration fee of \$3 per event to compete.

For more information, contact the Sarasota County Call Center at 941-861-5000, and ask about the Gulf Coast Senior Games.

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