

Oct. 12, 2007

Register for the 12th annual Sarasota County Games For Life

Track and field, swimming, biking and other athletic events are not just for the young, they are for the young at heart too. Sarasota County Parks and Recreation "12th annual Games for Life – The Senior Games," Nov. 10-16, will showcase some of the area's top senior athletes.

Sarasota County Parks and Recreation will begin accepting registration for the senior games on Monday, Oct. 15. The senior games take place at recreation facilities and venues throughout Sarasota County. Events offered this year include badminton, basketball, bowling, croquet, cycling, golf, racquetball, a 5K run, shuffleboard, swimming, table tennis, tennis and track and field.

This annual event promotes health and wellness as well as enhancing the quality of life for Sarasota County's population age 50 and older. For a complete listing of events and times, visit any Sarasota County recreation center for a registration booklet or call 941-861-5000 for more information.

To become a competitor, register online at www.parksonline.scgov.net or fill out and send in the official entry form or register in person at Twin Lakes Park, 6700 Clark Road, Sarasota during regular business hours. An entry fee of \$12 entitles each participant to an event t-shirt and admission to the Celebration of Athletes. There is an additional fee of \$3 per event to compete.

For more information contact the Sarasota County Call Center at 941-861-5000 and ask about the Sarasota County Games for Life.